

FAMILY ACTIVITY

Family Identity Activity

The home is a place of belonging, where each member has an important role. Take a few minutes to reflect on your family together.



7-10 minutes



As a family



Open hearts

1. Have each person share who they are in their family (e.g. husband, son, daughter, mother). Discuss: What does this mean in your home?
2. A closing thought: How can we support each other in the gifts and responsibilities relevant to our place in the family?
3. Do the values and identity conform with Christ, the primary source of identity?
 - At the individual level
 - At the family level
4. Is there evidence of individual identity suppression in the family? If so, what actions have to be taken to correct this?
5. If the family identity needs to be strengthened, list at least three critical steps and commitments that could be taken over a defined period.